

## Do you have a long term physical health condition?

For example: diabetes, COPD, asthma, heart condition, arthritis, epilepsy, chronic pain, endometriosis, high blood pressure, IBS, and more.

Healthwatch Bristol would like to find out how this affects your mental health, and what could help you maintain wellbeing.



This is so that services in Bristol and NHS leaders know what is working well and what needs improving for local people.

Interested in participating? Scan the QR code to complete the survey or use this link:

www.smartsurvey.co.uk/s/HWBP24/



The survey will be open throughout March 2024.

Participants will have the option to be entered into a prize draw to win shopping vouchers.

If you would like the survey in another language, easy read, paper format or assistance completing it, please email contact@healthwatchbristol.co.uk or call 0117 2033594