

# The Healthwatch Bristol Adult Social Care Project **Day Opportunities**





## What are Day Opportunities?



**Day Opportunities means support provided in the local community, usually in a building during the day.**



**It is probably called a 'day service'.**



**Support may include:**



**Activities**



**Learning new skills**



**Socialising with other people.**



**What do we want it to look like in the future?**



**We think there could be a wider choice of Day Opportunities closer to where people live.**



**We think there could be more focus on activities in the community.**



**We think there could be more focus on helping people to get a job or to get work experience.**



**A co-production group worked together  
to make this easy-read document**



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