

The Healthwatch Bristol Adult Social Care Project **Supported Living**





What is Supported Living?



Supported Living means that people have their own tenancy and control over their support.



Supported Living gives people choices about who they live with (if anyone) and how they live their lives.



Supported Living can be different for different people.



Supported Living may include:



Support with day to day living



Personal Care



Help with tasks.



Supported Living could be just an hour of support a day all the way up to 24 hours a day.



People are supported to achieve their goals and learn independent living skills.



People are supported to be independent in their own home and in the community.



Who is currently supported in these services?



This service is for people who need support to live independently.



People may be autistic, have a learning disability or a mental health issue.

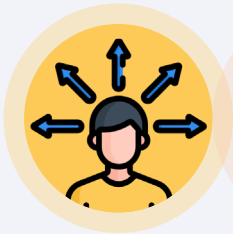


People may need support to live in their home safely and to stay healthy and well.



What do we want it to look like in the future?

CHOICE



CONTROL

We would like people to have more choice and control over where they live.



We want people to have support that can go up and down if they need it to.



If someone needs a different level of support, we want them to be able to stay living where they are.



**We want them to be supported to move on
when it is right for them.**

**A co-production group worked together
to make this easy-read document**



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