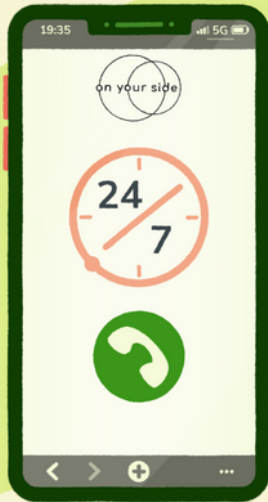


on your side



What is On Your Side? →

On Your Side is a UK-wide support and reporting service for East and Southeast Asian communities who experience racism and/or any forms of hate.

If you encounter racism and/or hate directed at you or somebody else who is, or is perceived to be, East and Southeast Asian, we're here to support you. Whatever has happened, no matter how small you think someone else will think it is, you deserve to be listened to and taken seriously.

On Your Side includes a 24/7 free helpline and a website where you can find support, access resources, and if you wish, make a report.

Our friendly team speak a range of East and Southeast Asian languages and through trusted interpreters can support you in any language you need.

Whether you want to find local counselling services, are worried about what would happen if you contact the police, or you just want to talk to somebody who is on your side - our trained Helpline Operators and Support Workers are there for you.

Our promise →




← What support can we offer you?




Your safety and well-being are central to everything we do. Unless there is an exceptional risk to your safety or the safety of others, we will never share anything you tell us with anyone else without your permission.

By telling us what happened to you, you help to build a picture of the experiences of East and Southeast Asian communities in the UK. The more we learn about what is happening, the better we can prevent it.

**Do not suffer in silence. Talk to us.
We are #OnYourSide.**

 Call us for free - 0808 801 0393

 Contact us online - onyoursideuk.org