

Prostate Cancer Update

What is Healthwatch?

Healthwatch is here to *demonstrably influence commissioning, service provision or strategic decision making...* and this report outlines how we will achieve this following engagement with the local Bristol community of Black men and their families. Healthwatch will make use of our statutory powers and the information shared with us, to help to set the commissioning agenda for the future, putting local people at the heart of decision-making.

Members of the Bristol Black and Minority Ethnic Community (BAME) came together on Saturday 26 May 2018 for a day of learning about prostate cancer. The day was packed full of information, advice and guidance for local men and their families to come and learn about prostate cancer.

“My partner requested a PSA Test, he’s 47 and was refused. We will go back and ask again after today’s meeting” **Partner of Attendee**



IMAGE 1: Errol Campbell being interviewed by BBC Points West

“Some very excellent points were raised, so this time next year I would hope that men will be less shy in going to their GP and there will be improvements and ways forward.” **Wife of former patient**

Consultant Urologist from North Bristol NHS Trust, Mr Jon Aning came and supported the day with lots of information and an informative presentation on the latest research into prostate cancer. As a member of the BAME community himself, he mentioned his own family had had experience of prostate cancer.

“Very well organised, informative and straight to the point. Keep up the good work!” **Attendee**

“We need one of the key focuses to be how we engage with young men. They need to be aware of the risks.” **Attendee**

“Public Health matters in the Black Community need to be raised, this is an excellent example.” **Former Prostate Cancer Patient**



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BBC Points West were in attendance during the early part of the morning, to interview both Errol Campbell who is one of the founding members of the Friends of Caswell Thompson, as well as Jon Aning, the consultant from North Bristol NHS Trust.

As well as the presentations by Jon Aning and Errol Campbell, Prostate Cancer UK were also present giving interesting presentations. The charity was giving out various different information resources throughout the day, including booklets specifically aimed at the risks for black men. Healthwatch also had an information table set up with Tell Us Your Story leaflets and the [emotional health and wellbeing survey](#).

We were grateful to Irwin Mitchell Solicitors, one of the local sponsors of the day, as well as Anndelores Chacon from Bristol Black Carers. Both were in attendance to support the day, as well as giving advice to carers affected by the disease and putting people in touch with the right support.



IMAGE 2: Jon Aning talking on the day

What we heard from the day:

“Have this topic added to the GP’s annual update - they need to know more about this.”

“Offer to discuss using Docklands in St Paul’s every week to start with as a non-clinical venue to discuss any concerns around prostate cancer, referral for screening.”

Anndelores, Bristol Black Carers

“My son told me about it, I am going to tell everyone I know about this.”

“Excellent workshops and information, great work”

“We would like to see an event like this during the working week for healthcare professionals - like a study day.”

“I represent Prospect, the Prostate Cancer Support Group, I would like to invite the men here to come along to our support group.”

Prospect Prostate Cancer Support Group

“We need this message to go further, we need to increase our work across the media, both locally and nationally”

Women’s Workshop Group

“One major outcome for the day was that Public Health Bristol have written to ALL the GP surgeries in Bristol informing of today’s event, so that GPs should be aware of more men coming in and seeking screening.”

Carl Morrison, Public Health Bristol

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PROSTATE CANCER UK STATISTICS FROM 2015:

- 47,151 new cases in 2015
- 26% of All new cancer cases in males
- 84% will survive 10 years or more
- 4 in 10 in England are diagnosed at a late stage.

REASONS TO VISIT YOUR GP

- Problems with urination
- Blood in the urine/semen
- Problems with erections
- Discomfort not getting better with painkillers

Advice from Mr Jon Aning, Consultant Urologist - North Bristol NHS Trust



IMAGE 3: The ladies' workshop discussion

Next Steps:

Following the event, a follow up meeting will be held with the Friends of Caswell Thompson and Healthwatch to discuss the next steps following the event. We will continue to inform our stakeholders of this valuable life-saving and life-prolonging work.



IMAGE 4: Errol Campbell speaking



IMAGE 5: Friends of Caswell Thompson, Bristol City Council Public Health & Healthwatch Bristol at the end of the Prostate Cancer Awareness Day